

Life Prep ELC Daily Adventures

7:30 Arrival & Music Movement/Individual Choice Adventures

8:15 Breakfast Ends

8:20 Free-Play Adventures

9:15 Morning Snack

9:35 Yoga & Meditation

9:50 Circle Time Adventures (Song, Dance, Early Literacy, Math, S/E)

10:20 Structured Adventures (Language, S/E, Cognition, Math, Motor)

10:40 Individual Choice Adventures (Language, S/E, Cognition, Math, Motor)

10:50 Outdoor Adventures

12:15 Lunch Adventures

1:15 Nap Adventures

3:15 Afternoon Snack

3:35 Music & Movement

4:00 Fine & Gross Motor Adventures

5:00 Free Play & Small Group Adventures

6:00 Until tomorrow 🙌😊

Please note: while active learning takes place throughout the entire day, there is a heavy emphasis on intentional and personalized skill building from 9:50-10:50.